

At any time during hurricane season a storm could potentially impact Hampton Roads, there is no better time than NOW to GET PREPARED, MAKE A PLAN and STAY INFORMED!



Visit readyhamptonroads.org to:



GET PREPARED As a general rule, make sure you have enough water, non-perishable food and any medications for each member of your family/support system (pets included) for at least 3-5 days.



However, only you know your family's unique needs for day to day living. So, whether you are:

- A visitor to Hampton Roads,
- A family with a member who has disabilities and/or access and functional needs,
- A family with infants/small children and/or pets,

ReadyHamptonRoads.org can provide helpful information regarding emergency kit preparation for sheltering in place and/or evacuation, as well as evacuation shelters.



MAKE A PLAN: Decide ahead of time how you and your family will react if and when a disaster comes.

Emergency plans should include:

- Discussing with your family the types of disaster that are most likely to happen and what to do in each case
- Deciding where your family will meet in case you can't return home
- Asking an out-of-town friend or relative to be your emergency contact, making sure all family members know to call this person in an emergency to check in
- Making a visual or written record of your possessions to help you claim losses in the event of damage

- Making additional plans for pets, and for elderly or disabled neighbors who might need extra assistance



STAY INFORMED: Use ReadyHamptonRoads.org to sign up for local emergency alerts both where you live and work -

http://readyhamptonroads.org/prepare/be_informed/local_alerts/.

Local emergency management offices are able to send you messages about emergencies, evacuation orders and shelter information. Keep informed by watching and listening to the news and visiting news sites on the internet.

Visit 2-1-1 VA at <https://www.211virginia.org/consumer/index.php> or dial 2-1-1 or 1-800-230-6977 if you need resources and information about emergency shelter, utilities, food, housing, clothing, child care, etc. before, during or after an emergency. You will speak to a live person who is trained to assess your needs and link you with the best help and information available.



Know your zone! Use this website to determine your evacuation zone. <http://www.vaemergency.gov/hurricane-evacuation-zone-lookup/>

Do not wait to GET PREPARED.

Readyhamptonroads.org

